



Autumn Newsletter

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Dear Parents,

I hope you have all enjoyed the summer holidays and are ready for the start of a new school year. It has been wonderful to welcome everyone back and to meet our new starters in Ladybirds and Butterflies. I always look forward to the first day and feel very proud when I see all the children looking so smart in their uniforms. The school springs back to life as soon as the children enter the building.

There have been several exciting changes which have taken place this summer including much needed roof repairs and the refurbishment of toilets situated in key stage 1 and nursery. Our sensory hub has also received a much-needed facelift thanks to the fundraising efforts and generosity of sponsors. Sterling services who were contracted to upgrade our toilets have very kindly offered to pay and fit some bespoke flooring, which we are absolutely delighted to accept.

The start of a new school year is a perfect time to revisit our school rule of 'Respect' as well as launch initiatives which we know will improve children's health, happiness and wellbeing. This term we will be shining a spotlight on online safety, healthy eating and anti-bullying. Key messages will be delivered through whole school assemblies and PSHE lessons. Information has been included in this edition of the newsletter on healthy eating and the school's commitment to achieving the first standard of the Healthy Schools Award

Our termly dates have now been finalised, and we look forward to welcoming you into school for, Family assemblies, Inspire afternoons, School performances and Parents' evenings. We will also continue to send out weekly reminders and will only ever change a date under exceptional circumstances.

I am very much looking forward to getting to know families who are new to our school as well as continuing the wonderful partnership with existing parents. If you ever need to speak to me, please make an appointment at the office. I will also be on the front gate at the beginning and end of the school day should you need to speak to me then.

Miss Macleod

Breakfast Club & Bright Owls

Our Early Birds breakfast club is now permanently situated in the Science Hub and is open to all children from Reception through to Year 6 from 8am, every week day. In addition, we have extended our Bright Owls after school provision to a Monday evening, to enhance the offer of wraparound care further.



Attendance

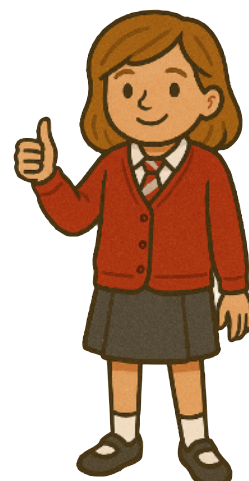
Attendance will continue to be prioritised this school year, and the team will be meeting every fortnight to identify pupils who we feel are at risk of falling into the persistent absence category. I would like to thank all parents for the efforts made to get children into school, avoiding any unnecessary periods of absence. The local authority are committed to significantly improving attendance across the borough and will be working closely with our school this year to add further capacity and resources to support families. You may have noticed posters displayed around Knowsley alerting parents and children to the significance of attending school every day, beginning in Reception.

Parking

Throughout last year, I sent out several polite reminders with regards to parking on Fletcher Avenue and Evelyn Avenue, during drop off and pick up. We are regularly contacted by residents as well as concerned parents of pupils who attend this school that cars are being parked on pavements restricting access, limiting visibility and endangering all pedestrians. I have witnessed first-hand parents ignoring the yellow zig zag lines, mounting pavements whilst doing a three-point turn, as children and parents are walking down the road. I am sure we would all agree that this is unacceptable and although it may only be for a few seconds/minutes, that's all it takes for a child to be fatally injured.



The local council have informed school that there will be regular visits from traffic wardens due to the number of complaints they have received, and fines will be issued on the spot. I would like to ask you all again to please be considerate and not ignore clear markings or signage. Thank you in advance for your support and we will continue to look at initiatives such as, the walking bus to help solve the problem long term.



SEND & Inclusion

Summer Holidays to School Transition

As we all know, the transition from the relaxed structure of summer to the routines of the school year can be a significant adjustment for our children, particularly those with SEND. Here are a few strategies to facilitate a smooth transition:

Gradual Adjustment of Sleep Schedules: Summer often allows for more flexible sleep schedules, which can be challenging to shift back. It's important to start gradually adjusting bedtimes and wake-up times at least a week or two before school starts. Don't worry if you're still working on this – start by shifting the schedule in 15-minute increments each day until the desired school-year sleep schedule is reached. Regular and sufficient sleep is key to cognitive function and overall wellbeing, so helping your child get back into their school sleep routine can greatly aid their adjustment.

Reintroduction of Structured Routines: Along with sleep schedules, daytime routines also need to shift back to the school year pattern. Gradually reintroduce structured activities into your child's day, such as set meal times, homework or reading time, and organised physical activities. Using visual schedules or charts can help children understand and anticipate the structure of their day.

Managing School-related Anxieties: Anxiety about returning to school can be common among children (and adults!), especially those with SEND. It's important to acknowledge and validate your child's feelings and reassure them that it's normal to feel a bit nervous about starting a new school year. Use a positive and supportive tone when talking about school to create an optimistic view. If your child seems particularly anxious, please do get in touch, so we can work together to support them.

Remember, every child is unique, so some tips might work better for your child than others. The key is to remain patient, flexible, and positive as your child adjusts to the new school year.

Our Well-being Team

To aid in the transition and throughout the school year, we have a dedicated Wellbeing Team at Evelyn C P School, specially trained to provide support and guidance.

Miss Macleod – Headteacher: Miss Macleod supports a lot of our families in need. As our DSL (Designated Safeguarding Lead), Miss Macleod may work with families who are particularly struggling to support their child's SEND needs.

Mrs Leppard – SENDCO and Senior Mental Health Lead: Is committed to ensuring every child, including those with special educational needs and disabilities (SEND), receives the support they need to thrive. Mrs Leppard works closely with parents and teachers to create the best possible educational environment for all pupils.

Mrs France and Mrs Filipe - ELSAs: Our Emotional Literacy Support Assistants are trained to provide emotional and psychological support to children who are facing challenges.

Ms Duffin – Wellbeing Counsellor: Ms Duffin is trained in counselling techniques and in delivering a drawing and talking therapy intervention for pupils who may benefit from an open space to talk about their feelings and open up to a trusted adult.



Cross-Country Racing

Cross-country racing is back for 2025! Boys and girls from Years 4, 5 and 6 are invited to represent Evelyn in separate boys and girls races against children from across Knowsley.

The events will take place:

- Monday 29th September 3:45 to 5pm at St Margaret Marys Primary School, Pilch Lane, Liverpool, L14 0JG
- Monday 13th October from 3:45 to 5pm at St Edmund Arrowsmith CFL, Cumber Lane, Prescot, L35 2XG

Parents should make their own way with children and meet Mr Cahill at the venue. Please dress appropriately for racing - children will be given a black Evelyn athletics vest to wear over their shirt.

Hope to see you there!



Family Learning

Family Learning sessions for parents return this half-term. The sessions are **free** and run by Sharon Fitzgerald from the Knowsley Family Learning Service. The sessions are designed for parents to support children at home with a range of topics and take place at Evelyn.

Date	Year Group	Activity
Wednesday 24th September 2025	Year 1	Autumn Crafts
Wednesday 1st October 2025	Year 1	Reading Workshop
Wednesday 8th October 2025	Reception	Craft Session
Wednesday 15th October 2025	Reception	Phonics
Wednesday 22nd October 2025	Reception	Early Number
Wednesday 5th November 2025	Year 3	Cookery Session
Wednesday 12th November 2025	Year 4	Cookery Session

More information and how to book can be found on a flyer shared with those classes nearer the time.

Healthy Schools Bronze Award



We are aiming to become one of the many healthy schools in Knowsley to achieve the 'Healthy Schools Award'. The award aims to encourage schools to enhance the health, well-being and resilience of their community. We are launching our first healthy schools initiative by participating in 'Snack-tember' This is designed to help children explore their current snacking choices and try new snack options.

Therefore, for playtimes in KS2, children must only bring a health snack. This includes: snack/cereal bars or fruit. **Crisps, sweets and chocolate biscuits will no longer be allowed.** Watch out for more information about the exciting award!



What makes a better snack?

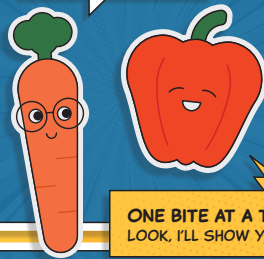


MORE! vegetables and fruit for vitamins and minerals

MORE! wholegrains, beans and pulses for fibre

LESS! saturated fat, salt and sugars for better health

THAT'S A LOT!
HOW DO I DO IT ALL?



ONE BITE AT A TIME!
LOOK, I'LL SHOW YOU...

EXPLORE

... more vegetable snack options!
Try some raw vegetables such as cauliflower, peppers or sugar snap peas.

TRY

... a wholegrain version of one of your snacks!
Have wholemeal bread for toast or a sandwich.

MAKE

... your own better version of a snack.
Have a go at making Pizza muffins or Homemade popcorn.



Take a look at these recipes!
www.nutrition.org.uk/snack-tember-2025

Better snacking. One bite at a time.
© British Nutrition Foundation 2025



Volunteers Needed!

If you have any time to spare and would like to assist with the running of our library sessions across school, then please contact the school office to register your interest. The sessions involve swapping books for children, guiding children with their book choices and filing books away. It is a wonderful opportunity to become part of our school community and promote a love of reading in children.



Key Dates

September

Bright Owls (after school provision)

Forest School – **Year 3**

'Meet the Teacher' meetings Reception to Year 6

Family Assembly – **Year 6 – School vision**

Forest School – **Year 4**

Forest School – **Year 5**

Inspire Afternoon – **Owls**

Flu Immunisation sessions (N – Y6)



Week beginning 1st September
(Mondays, Tuesdays and Thursdays)

Thursday 11th September

Tuesday 16th September

Thursday 18th September 9.00am

Thursday 18th September

Thursday 25th September

Friday 26th September - 1.30pm

Monday 29th September

October

Harvest Festival Assembly - **Year 4**

Governor Meeting

Forest School – **Year 6**

'Learning a New Skill' day

Forest School – **Owls**

Shine Like a Star Week (assessment)

Forest School – **Robins**

STAFF INSET TRAINING DAY – school closed

Individual Target Setting Week

STEM activities week

Nursery Review Day (time TBC)

Early Years INSET(Nsy and Rec. children not in school)

Half Term – finish at 3.10pm



Thursday 2nd October – 9.00am

Thursday, 2nd October - 3.30pm

Thursday 2nd October

Friday, 3rd October

Thursday 9th October

Week beginning 13th October

Wednesday 15th October

Friday 17th October

Week Beginning Monday 20th October

Week Beginning Monday 20th October

Thursday 23rd October

Friday 24th October

Friday 24th October (for 1 week)



November



Return to school

TECHNOLOGY THEME WEEK

Theme: Structures and Mechanisms.

School Council election week

Open day for prospective parents

Forest School – **Butterflies**

Inspire Afternoon - **Year 3**

Forest School – **Ladybirds**

Family Assembly – **Year 5**

Governor meeting

Handwriting/Achievement Assemblies

Inspire Afternoon – **Year 5**

Monday 3rd November

Week Beginning 3rd November

Week beginning Monday 3rd November

Wednesday 5th Nov. 11am or 3.45pm

Thursday 6th November

Friday 7th November – 1.30pm

Thursday 13th November

Thursday 20th November 9.00am

Thursday 20th November 3.30pm

Thursday 27th November

Friday 28th November 1.30pm



Christmas Fair

Butterflies, Robins and Owls Nativity (hall)

Y3, 4, 5 & 6 Christmas production -

Prescot Parish church

Nursery Party / Panto for KS1 & KS2 children

Nursery & Ladybirds Nativity (School hall)

Christmas Lunch

Break up for Christmas

December



Friday 5th December – 3.15pm

Tuesday 9th December – 9.30am

Thursday 11th December – 2pm

Friday 12th December - TBC

Tuesday 16th December – 9.30am

Tuesday 16th December

Friday 19th December at 1.30pm

(Nursery – Thursday 18th December -
3.00pm)