



## Spring Newsletter

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### *Dear Parents,*

As the days finally start to grow lighter and the first signs of spring begin to appear, I wanted to take this opportunity to share a warm update from everyone here at our school.

Spring is a season of growth and fresh starts, and this is reflected in the learning taking place across the school. Over the coming weeks, children will be exploring new topics, enjoying outdoor learning opportunities, and taking part in activities that nurture curiosity, confidence, and teamwork. It is a lovely time of year to see them flourish.

Alongside academic learning, we are continuing to place a strong focus on developing children's attitudes to learning. We are working with the children to help them become more resilient, encouraging them to persevere when learning feels challenging, and more resourceful, supporting them to think independently and make use of strategies and resources available to them. These skills are essential in helping children become confident, capable learners, and we appreciate the support you give at home in reinforcing these approaches.

We are very much looking forward to welcoming parents and carers to our upcoming Parents' Evening, which will take place on the 9th and 10th of February. These meetings play an important role in strengthening the partnership between home and school and help us work together to secure the best possible outcomes for every child. Sharing successes, discussing next steps, and addressing any concerns early really does make a difference.

As we move through the term, I would also like to thank you for your continued support with good attendance. Regular attendance helps children make the most of their learning, build strong routines, and maintain positive relationships with their peers.

We are also grateful for your continued cooperation around the school site at the start and end of the day. Considerate parking helps keep all members of our community safe, and we kindly remind everyone to ensure the school gates are closed securely after use. These small actions make a big difference to the safety and wellbeing of everyone in our school.

We look forward to several upcoming events this term, including family assemblies and inspire afternoons, and we hope there will be further opportunities for families to be involved with other school events, including fundraising. More information will be shared with you shortly.

Finally, we would like to welcome back Mr Pearse, who has been re-elected as a parent governor.

Thank you, as always, for your continued support and partnership. Working together enables us to provide the very best opportunities for our children to grow, learn, and succeed.

On behalf of all the staff, I wish you and your families a happy and refreshing spring.

*Miss Macleod*

## Attendance

Thank you to everyone that has joined us in our attempts to raise attendance across the school. We are seeing much better percentages in all classes, which has improved our overall school percentage. We are currently at 93.99% which is just below the Local Authority average of 94%. I am sure as the term moves forward, we can improve that percentage even further.

I would like to share some new incentives that we are introducing to encourage better attendance. These were suggested by the attendance ambassadors.

### WINNING CLASS ATTENDANCE AWARDS



### Whole Class Rewards:

We will have a monthly reward for the class that wins the highest attendance for that month. This will be a whole class treat that the children can choose as a class.

### Improved Attendance Rewards:

We also have rewards for those children that have worked hard to improve their attendance over the course of the month. Again, the children may choose their reward.

These will run alongside the 100% attendance awards and other incentives that we already have in place.

### IMPROVED ATTENDANCE AWARDS



Thank you as always for your support in raising attendance at Evelyn.

If you need any support or have any suggestions on how we can improve attendance further, please contact me via email at [evelyn@knowsley.gov.uk](mailto:evelyn@knowsley.gov.uk)

*Mrs Critchley*

# Building resilience in children

Resilience is our ability to bounce back when things go wrong or bad things happen. It is not something we have or don't have; we have to build it throughout our lives. We cannot always prevent bad things from happening, but by building our children's resilience we can help them deal with life's knocks and continue to thrive.

## 1. Positive Relationships

A child's greatest resource is a safe, resilient, loving adult – us! Smiles and hugs make children feel secure, loved and accepted. Listening to them lets them know they are important. Comforting them lets them know they are not alone when they are feeling frightened, sad or angry.

## 2. Modelling Resilience and Positivity

Children learn through imitating people around them. We need to show them what positive, respectful relationships look like. Let them know that sometimes we feel a bit sad or disappointed about something; it's normal to feel things like that, but that we'll be ok. We can be positive role models for children by taking responsibility for our own feelings and actions in front of them.

## 3. Self-care

When we feel safe and supported we can take better care of our children. Being a parent isn't easy and everyone needs help sometimes! If we are feeling tired, overwhelmed or stressed, it is more difficult to understand what our children need and why they are behaving in a certain way.

## 4. Emotions and Empathy

Before developing the skills to control their feelings and behaviours, children first need to learn what those feelings are, and the thoughts that cause them. To begin with, we may need to label what the child is feeling for them; 'I can see that you are feeling scared'.

## 5. Facing Fear and Taking Risks

There are times when we have to jump in and protect children from harm, but always rushing to their rescue tells them we don't think they can deal with the problem on their own. Encouraging children to take safe, considered risks appropriate for their age lets them learn their limits and teaches them they can cope when things go wrong.



## 6. Routines and Boundaries

Children's brains are still developing and aren't capable of complicated thoughts. Making their world more 'black and white' makes it more predictable and less confusing, which helps them to feel safe and secure. We can do this through the use of regular routines and implementing clear, consistent boundaries.

# SEND & Inclusion

## How can we teach self-regulation and why is it important?

Everyone needs to manage their feelings and behaviour. When we notice we are upset or worried, we can do something to feel calm again. Some children find this harder and need extra help. That's why we teach self-regulation in school.

The Zones of Regulation Feelings can be big or small, and sometimes hard to explain. The Zones of Regulation helps children understand their feelings by using four colours:



Blue Zone – tired, sad, or bored Green Zone – calm, happy, ready to learn Yellow Zone – worried, silly, or excited Red Zone – angry, scared, or out of control.

This simple system helps children talk about feelings and learn what to do to get back to the Green Zone. Our goal is to help every child feel calm, focused, and ready to learn. Our goal is to help every child feel calm, focused, and ready to learn.

There are no “good” or “bad” Zones – we all experience them. The key is recognising feelings and using strategies. Keep It Consistent. Use the same language and visuals at home and school. Talk to school about strategies so your child feels supported in both places.



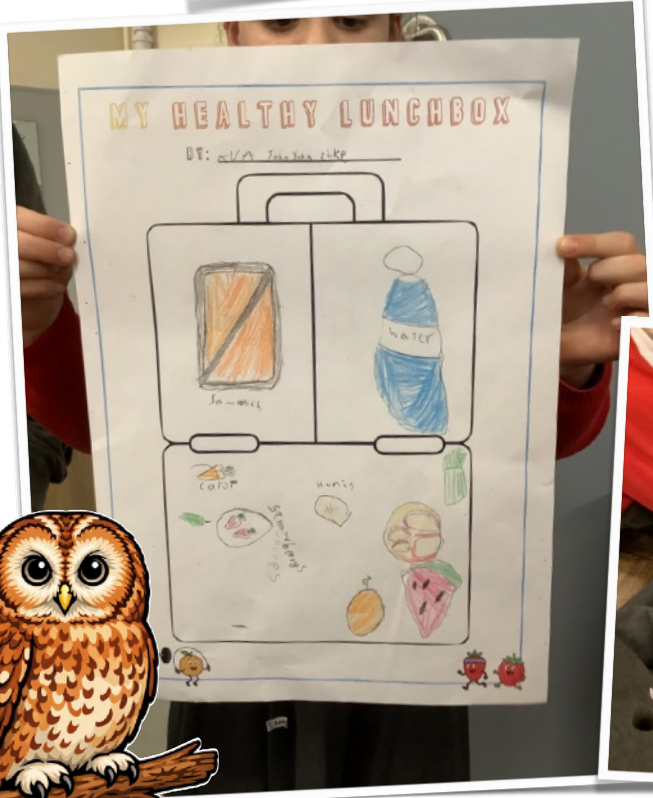
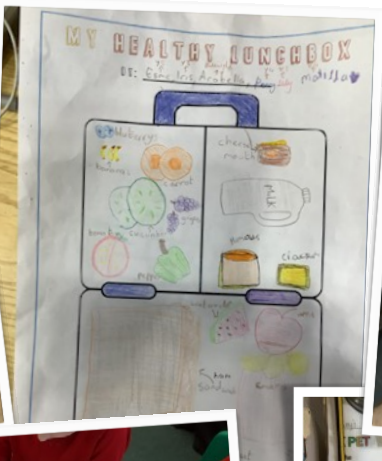


# House Day



House day took place on 23rd January and the theme was 'Healthy Lunchboxes'

Children from Tawny, Snowy, Eagle and Barn houses looked at what foods and drinks made up a healthy diet, before designing their own healthy lunchbox!



Ava in Owls designed a very healthy lunchbox! A drink of water to keep her hydrated, with a sandwich, carrots and dips followed by pieces of fruit. Looks delicious Ava!



# Headteacher Challenge

GO  
ALL  
IN.

National Year of  
Reading 2026

2026 is the national year of Reading. It is a UK-wide campaign designed to inspire more of us to make reading a regular part of our lives

Children come alive when they're exploring the things they're passionate about. From superheroes and football to cooking, dancing and dinosaurs – every word counts.

The National Year of Reading 2026 is your chance to help your child discover new worlds, grow confidence and build a lifelong love of reading – all through the everyday moments you already share. Find out more at <https://goallin.org.uk/get-involved/families/>

So, for my challenge I would like you to make it your Reading Mission to have a go at the following:

- Read or share a book in a funny or unusual place
- Read or share a non-fiction book about something you love
- Read or share a book that makes you laugh out loud
- Read or share a book about a famous person
- Read a book with someone you love

Please send in photographs of you completing as many reading activities as possible. You could even create your own book of Reading Achievements. So 'Go All In' and get reading!!

Prizes will be awarded in the Achievement Assembly, so please have entries in by Friday 6th March.



# Key Dates

## February

Individual Target Setting Week  
Careers/Aspirations week  
Parents' Evenings (main school)

Nursery Parents' Evenings

Valentine's Disco

**Break up for 1 week**

**Return to school**

Reception parents 'Reading' meeting

Monday 2nd February

Week commencing Monday 9th February

Monday, 9th February 3.30 – 6pm

Tuesday, 10th February 3.30 – 8pm

Tuesday 10th February from 3.30pm

Wednesday 11th February from 3.30pm

Thursday 12th February (details to follow)

**Friday 13th February**

**Monday 23rd February**

Thursday 26th February – 2.30pm to  
3.00pm (details to follow)



## March

TECHNOLOGY WEEK

**Year 6** PGL residential trip

Family assembly – **Robins**

World Book Day

Dress as a book character  
or ready for a bedtime story!

Book 'bring and buy'

Inspire Afternoon – **Year 6**

Celebration of Achievement Assembly

Easter Bingo

Nursery Easter Bonnet Parade

Meeting for New Nursery parents

Break Up for Easter

Week Beginning 2nd March

Monday 2nd to Wednesday 4th March

Thursday 5th March

Thursday 5th March

Friday 13th March

Thursday 19th March – 9.00am

Wednesday 25th March – 5pm – 6.30pm

Thursday 26th March – 2.30pm

(N.B. Nursery break up today)

Friday 27th March – 9.30am

Friday 27th March at 1.30pm

(Own clothes day)