

We are grateful for all the support provided by our families in many different ways. We emphasise kindness and compassion throughout our curriculum and encourage the children to think of others.

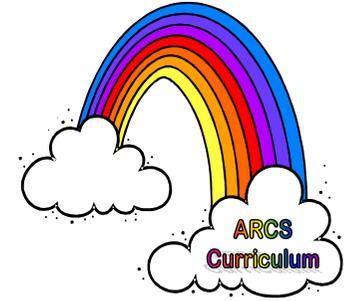
*"Kindness makes you happy,
happiness makes you kind"*

Here are some findings from recent research on kindness:

- ☺ Practising kind or compassionate thoughts over time dramatically increases ones own happiness
- ☺ The benefits of kindness include feeling more energetic and less lonely
- ☺ In tests, even young infants show happiness by giving to others
- ☺ Giving to others can lead to an increase in gratitude. A feeling of gratitude is one of the keys to increasing personal happiness
- ☺ Giving is contagious! It has a ripple effect throughout the community

You may want to discuss some of these ideas with your own child/children and see if they agree.

Can they think of something they are grateful for?
How can they show kindness to others today?



Evelyn C.P. School

'Giving To Others'



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'Inspiring minds - striving for excellence - nurturing dreams'

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At Evelyn C.P. School we encourage our children to make a positive contribution in the local community and the wider world.

We discuss and explore the many ways they can do this, for example:

- through our Values for Living
- in PSHCE and R.E. lessons
- through assemblies
- as part of the Student Exit Profile
- taking contributions to our neighbours in Greenwood Close at Christmas, Harvest and Easter



Supporting Charities

Another aspect of making a positive contribution is by raising money to help various charities.

At Evelyn CP School we have charities that we regularly support on an annual basis:

- The British Legion Poppy Appeal
- Willowbrook Hospice (sales of Christmas and Easter toys)
- Prescot Parish Church
- Children In Need
- Barnardo's

We also encourage children to suggest charities that are important to them and to suggest how they feel they could support them. The children have organised events for the Dog's Trust, Motor Neurone Disease, Zoe's Place and Hillside Animal Sanctuary to name a few.

We realise there are so many worthy charities that families may already support. We are also aware of the burden families may feel if they are constantly under pressure to support collections and events. To ensure this does not happen, children/families will be invited once a term to suggest a fundraising proposal to support a charity and information will be sent home.



Supporting Events in School

We hold 'Own Clothes Days', where children are asked to bring in an item for an event such as the Christmas or Summer Fayre, or Easter Bingo. This is an inexpensive way for families to support the school and any contributions are appreciated.

Children are invited to bring a small amount of money to support activities that enhance their learning such as Dragon's Den or Entrepreneurial Work. They are able to practise marketing, buying and selling in a safe environment. Families are not obligated to provide money for these events and children are encouraged to use pocket money (if appropriate).

